

FOR GENERAL RELEASE



AN INTRODUCTION

PAGOSA SPRINGS, Colo. – Nearly 150 years have passed since The Great Pagosa Hot Spring was discovered by the white man, yet its healing powers were surely known for centuries before to Native American tribes who inhabited the region. It is from these early inhabitants that Pagosa draws its name –Pag Osah, or “healing waters.”

Today visitors will find “The Springs Resort”, a 30-acre complex, including 18 mineral pools, non-mineral lap pool and Jacuzzi, bath house, hotel and health facility featuring massage, a salon and more. Frequented by those who live regionally and travel to Pagosa specifically to treat themselves to a soak in the therapeutic pools, The Springs Resort is now just emerging as one of the top hot springs in the world.



Visitors to The Springs Resort create their own experience, be it intimate or convivial, but every visit is about the water. Naturally rich, with no additives, the hot water that bubbles up from magma-heated aquifer contains generous amounts of sodium and sulfate, similar in content to sea water, which leaves the skin soft and hydrated. Other therapeutic benefits of the minerals found at The Springs include musculoskeletal improvement, a boost to the immune system and enhanced brain activity – not to mention the stress reduction associated with a good soak.

The Springs Resort is set on the banks of the San Juan River, which flows from the peaks of the majestic San Juan Mountains that provide the backdrop for Pagosa Springs. As the resort has expanded, every emphasis has been made on creating a relaxing retreat in a healthful, natural setting.

The variety of pools, which sport names indicative of the “experience” one might enjoy once

"Naturally Hot Therapeutic Mineral Water"



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bathing, stretch from the river up the gentle sloping bank, and are situated to provide the greatest amount of privacy possible. In recent years, extensive landscaping has been installed, including a number of shade trees, which can shelter those who wish to avoid the harsher rays of the brilliant Colorado sun. But sunbathing along the river banks is also a treat throughout the summer.

So mineral rich is the water that The Springs as it matures sports an ever changing landscape. As water streams from the fountains and cascades into the pools, it deposits its residue, resulting in unusual visual formations, bespeaking the geo-thermal activity ever-present deep within the earth's crust.

A total Springs experience can include a rejuvenating massage, deep sleep on the new, deep plush mattresses, and visit to the therapeutic juice bar. But Pagosa Springs is also filled with interesting shops and galleries, fine restaurants and invigorating outdoor experiences in the San Juan Mountains – everything from fresh Colorado powder skiing at nearby Wolf Creek Ski Area, to a summer time hike or horseback ride on the plethora of National Forest trails surrounding the town.

A visit to Pagosa Springs and The Springs Resort could be considered a combination of personal pampering and personal achievement, which equals pure enjoyment.

For further information on The Springs Resort, visit www.pagosahotspings.com on the web, or call, 800.225.0934.

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